



PLANNING COURS STUDIO RPM

Du 25 décembre 2023 au 7 janvier 2024

	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
08H15	Uniquement le 1 ^{er} janvier	🎧 RPM	🎧 RPM	🎧 RPM	🎧 RPM		
09H15		🎧 RPM	9h30 RPM		🎧 RPM	🎧 RPM	
10H15		🎧 RPM	10h30 🎧 RPM	10h SPRINT	🎧 RPM	🎧 RPM	10h00 RPM
11H15		🎧 RPM	11h30 🎧 RPM	11h30 🎧 RPM	🎧 RPM	RPM	🎧 RPM
12H30		RPM	🎧 RPM	RPM	SPRINT	🎧 RPM	🎧 RPM
13H30	🎧 RPM				🎧 RPM	🎧 RPM	🎧 RPM
14H30	🎧 RPM	🎧 SPRINT	🎧 RPM	🎧 RPM	🎧 RPM	🎧 RPM	🎧 SPRINT
15H30	🎧 SPRINT	🎧 RPM	🎧 RPM	🎧 RPM	🎧 RPM	🎧 SPRINT	🎧 RPM
16H30	🎧 RPM	🎧 RPM	🎧 RPM	🎧 SPRINT	🎧 RPM	🎧 RPM	
17H30	🎧 RPM	🎧 RPM	🎧 RPM	RPM	🎧 RPM	 Cours RPM : 45 min - Cours SPRINT : 30 min Les cours de RPM et SPRINT sont soumis à réservation 1 jour à l'avance (hors cours vidéos) Planning susceptible de modifications	
18H30		🎧 RPM	RPM	🎧 RPM	RPM		
19H30		RPM	🎧 RPM	SPRINT	🎧 RPM		